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PRESIDENT'S MESSAGE



Welcome to another edition of our Infocus Magazine. We have come to the end of our financial year, March 31st, and everything will culminate with our Annual General Meeting. We have been blessed with another year of accomplishments and continue to make great strides. In a nut shell, financially, we are in a better place. On May 1st we held our most successful 'Walk Good' Walk a Thon raising over \$45,000, a 23% increase over last year. On April 26th we renewed our mortgage resulting in a 32% reduction in our monthly payments. We played an important role in the electoral process and hosted the Toronto Mayoral debate. We continue to fight for social justice. For example, The Jamaican Canadian Association (JCA) championed the cause to reinstate a hockey coach that was suspended for his stance against racism in defence of his black players.

In spite of the strides we have made one of our challenges, or should I say our opportunities, is to increase our youth member volunteers as well as overall membership participation on committees. When I reflect on the contributions of the volunteers that have built this organization I am astounded. I have nothing but admiration for the pioneers, the Founders and Foundation members, whose history with the JCA can be traced back to its inception in 1962 to this very day. These members continue to volunteer their time. They participate on planning committees for the close to 12 events that JCA holds each year. They sit on standing committees and are active on ad hoc committees. This type of commitment sets an example that we, the new crop, respectfully and enthusiastically follow. They have given us a legacy on which to build. Now is the time for action!

Dr. Martin Luther King Jr. once said "Life's most persistent and urgent question is "What are you doing for others". This year I challenge each and every one of us to sign up a minimum of two new members. I encourage you to spread the word about the rewards of volunteering and giving back to your community. The rewards of volunteering are endless! Volunteers can gain work experience, network and meet new people, learn new things and most importantly help someone else. As we look toward our 50th anniversary in 2012, I challenge everyone to make it your mission to ensure that this organization continues to grow and flourish. Invite a friend, family member, son, daughter, cousin, co-worker, acquaintance to become a member of the JCA and more importantly join a committee and get involved for the betterment of our community.

On behalf of the Board of Directors and staff I thank you for your continued support of our beloved Jamaican Canadian Association.

Warmest regards,

Audrey Campbell



MESSAGE FROM THE CEO

Our fiscal year ended on March 31st, but it is really the closing of one chapter and the beginning of a new one at the JCA. We have accomplished so much over the past year by our collective efforts and should all be proud of the achievements of the JCA to date.

efforts and should all be proud of the achievements of the JCA to date. In order to protect the safety and well being of the users of the JCA centre, a petition for a crosswalk and signal in the vicinity of the centre is being developed. Many users of the JCA centre use public transit and are at risk of getting in an accident when they attempt to cross the street, to and from the bus stop on the opposite side of the centre. Arrow Road is very busy at times, with some motorists exceeding the speed limit resulting in a difficult and treacherous task for users of the centre to get to and from the bus stop on the opposite side of the street. The risk of an accident increases when our seniors attempt to cross the street. We are encouraging all users of the centre and concerned individuals to sign the petition. The petition is being circulated for signatures. There is also a copy at reception. After we have gathered a reasonable amount of signatures, we will direct the request to the appropriate government representative.

We are quite pleased to announce that the renovation of the employment service and reception area is now completed. The area is now completely accessible to physically challenged clients and staff and meets all the Ontario Fire Code requirements. The employment area now has updated resources and computers to make the client experience a positive one. On March 30th the employment program held a job fair at the JCA. There were 16 employers and approximately 500 participants in attendance.

We are gearing up to have a Youth Leadership Camp in the Summer. Information on the camp will be made available soon. We will also be partnering with Tropicana to host the Summer Jobs for Youth program starting on June $1^{\rm st}$. We are constantly trying to reinvent ourselves by stepping away from the "cookie cutter approach" to achieve our goals and objectives. A new Social Services Committee was created to focus on social services challenges and opportunities. In order to assess the vision, strength, weaknesses, opportunities and threat for the social service programs, strategic planning specifically geared towards this will be undertaken this year.

I am thankful and humbled by our donors and funders that continue to support the JCA and our various initiatives. I would also like to thanks our staff who works tirelessly to keep the wheels of the organization turning. Our Board, membership and volunteers deserves kudos for their dedication and commitment to the JCA. Last, but not least, I would like to say a big thanks to our clients and customers for their loyalty over the years. "Coming together is a beginning, staying together is progress, and working together is success."

Respectfully,

Michael A Foster
Chief Executive Officer

PUBLIC RELATIONS REPORT



The newly formulated Public Relations (PR) committee came together May of 2010, led by the chair Yolan Williams, the team knew there was no time to waste. The committee's mission was to expand the Jamaican Canadian Association (JCA) presence to the masses, both locally and internationally. Beginning with the revamping the website and the website URL, JCA contracted out the project to a web development company, owned and operated by one of JCA's past scholarship recipients; ALBUMedia. The new website was created with tools that would make JCA easier to locate on the internet through search engines, added features and up to date information that would encourage visitors to come back to the site www.jcaontario.org. The newest trend of communication is Social Media, which allows one to update friends or followers on information instantaneously. A Twitter account (@jca_ontario) was created and the Facebook page (www.facebook. com/JamaicanCanadianAssociation) was updated, again for better visibility on the internet.

To ensure that JCA also had a visual presence in the community the team purchased a 6 foot tall stand up banner that outlines the services offered at JCA and its contact information. The committee attended various events throughout the summer such as Jambana, Jamaica Day and Soccerfest to name a few. Equipped with their banner and program literature the committee had a table or a booth at these events and networked with the patrons while promoting JCA and JCA services. Since the public relations committee had been out of commission for a few years, the team recognized they had a lot of work ahead. This involved not only reaching out to the community but also to the media outlets with whom they have had long standing relationships as well as develop new relationships. In the winter of 2010 PR hosted a Media Launch; attendees included affiliates from radio, television and print media. This event opened the door to a direct personal relationship with the committee and mainstream media. In line with the vision of expanding JCA's presence an advertising package has been implemented to provide an opportunity for individuals and businesses to advertise on the website, in the quarterly In Focus newsletter and through email blasts. For more information about pricing contact the committee at publicrelations@jcaontario.org.

In the year to come the PR committee remains committed to bringing JCA to the forefront of our community as resource centre for the young, the older and everyone who falls in between.



YEAR OF AFRICAN DESCENT

2011 is the International Year for People of African Descent

United Nations Declaration

- 1. *Proclaims* the year beginning on 1 January 2011 the International Year for People of African Descent, with a view to strengthening national actions and regional and international cooperation for the benefit of people of African descent in relation to their full enjoyment of economic, cultural, social, civil and political rights, their participation and integration in all political, economic, social and cultural aspects of society, and the promotion of a greater knowledge of and respect for their diverse heritage and culture;
- 2. *Encourages* Member States, the specialized agencies of the United Nations system, within their respective mandates and existing resources, and civil society to make preparations for and identify possible initiatives that can contribute to the success of the Year:
- 3. Requests the Secretary-General to submit to the General Assembly at its sixty-fifth session a report containing a draft programme of activities for the Year, taking into account the views and recommendations of Member States, the United Nations High Commissioner for Human Rights, the Committee on the Elimination of Racial Discrimination, the Working Group of Experts on People of African Descent of the Human Rights Council and other relevant United Nations agencies, funds and programmes, as appropriate.

Adaoma Patterson Executive Secretary

THE ETERNAL LIFE OF HENRIETTA LACKS



Henrietta Lacks, was born Loretta Pleasant, on a tobacco farm in Cover, Virginia—it is unclear how she became Henrietta. The day she died, October 4, 1951, George Gey appeared on national television with a vial of Henrietta's cells. He called them HeLa cells, held them up to the camera, and said, "It is possible that, from a fundamental study such as this, we will be able to learn a way by which cancer can be completely wiped out." Responsible for some of the greatest advances in 20th century medical science and as one of the most important tools in medicine, the HeLa cell was vital for developing the polio vaccine, cloning, gene mapping, in vitro fertilization, uncovered secrets of cancer, effects of chemotherapy, viruses, and the atom bomb's effects; and much more.

This extraordinary journey of a poor black woman's immortality began in the 1950's. Shortly after giving birth to her fifth child she was diagnosed with a rear fast-growing form of cervical cancer. She was admitted to the "coloured" ward of Johns Hopkins Hospital where a sample of her tumour was taken and given to Dr. George Gey, a researcher at the Johns Hopkins University School of Medicine. Gey "treated" the cells and realized that instead of perishing, these highly aggressive cells were capable of division at an incredible rate in his laboratory — the first human cells to grow and strive in a lab. With this exciting discovery, Gey began sending samples of HeLa cells to other scientists around the world; without Henrietta's knowledge or permission. After she died, Gey instructed his assistant to r emove more cells from Henrietta's body, again, without getting the consent of or informing the Lacks family. It was more than 20 years after her death, in 1973, that her family accidentally discovered what was done to her.

What was done to Henrietta Lacks in 1951 is inextricably connected to the dark history of experimentation on African Americans, the birth of bioethics, and the legal battles over whether we control the stuff we are made of. It is a story of the collision between ethics, race, and medicine; of scientific discovery and faith healing. To the world, she remains virtually unknown, but for over 60 years Henrietta Lacks has been responsible for saving the lives of millions of strangers. What a woman!

Charmaine Sewell
Women's Chair



BLACK HISTORY MONTH 2011

Sylvanus Thompson Vice-President – Volunteer Service

Black History Month is celebrated annually in the month of February in remembrance of important people and events in African American and Canadian history. One of the aims of Black History Month is to expose the harms of racial prejudice and to cultivate black self-esteem following centuries of socio-economic oppression. Black History Month was established in 1976 by Afro-Americans for the Study of Afro-American Life and History. The month-long celebration was an expansion of Negro History Week, which was established in 1926 by Carter G. Woodson. Negro History Week was conceived as a means of undermining the foundation of the idea of black inferiority. The Negro History Week Movement took hold immediately, even though at first it was celebrated almost exclusively by African Americans. Increasingly, however, mayors and governors, especially in the North, began endorsing Negro History Week and promoting interracial harmony. By the time of Woodson's death in 1950, Negro History Week had become a well-established cultural institution. With the rise of the Black Power Movement in the 1960s, several persons in the African American community began to complain about the insufficiency of a week-long celebration. In 1976, The Association for the Study of Afro-American Life and History, responded to the popular call by expanding it into Black History Month to commemorate, through community activities, a more balanced and accurate picture of Black history.

Black History Month has been celebrated in Canada by groups such as the Canadian Negro Women's Association, who brought the celebration to Toronto in the 1950s. It is now officially recognized throughout Canada following the unanimous adoption of a motion that was introduced in the House of Commons by Jean Augustine, then Member of Parliament for Etobicoke-Lakeshore. However, Black History Month was officially proclaimed by the City of Toronto since 1979, largely due to the efforts of the Ontario Black History Society. Every year during Black History Month, Canadians are invited to take part in the festivities and events that honour the legacy of Black Canadians, past and present,. This is a time to celebrate the many achievements and contributions of Black Canadians, who throughout history have done so much to make Canada the culturally diverse, compassionate and prosperous nation we know today. It is also an opportunity for the majority of Canadians to learn about the experiences of Black Canadians in our society, and the vital role this community has played throughout our shared history.

Black History Month sparks an annual debate about the continued usefulness of a designated month dedicated to the history of one race. There were even calls from an influential individual for the banning of Black History Month celebrations in Toronto schools. Other critics contend that Black History Month is irrelevant because it has degenerated into a shallow ritual. It is important to note that Carter G. Woodson, creator of Negro History Month, hoped that the week would eventually be eliminated, when African-American history would be fully integrated with American history. Black History Month is an opportunity for the City of Toronto to recognize the significant contributions African Canadians have, and continue to make to the life of Toronto in such areas as education, medicine, art, culture, public service, economics, and politics. Each year The Jamaican Canadian Association (JCA) hosts or participates in various events and activities to celebrate the month and encourages everyone to play their part in ensuring that African history becomes fully integrated in the Canadian society. The 2011 Black History Month Theme for the JCA is "Guiding Our Youths to Succeed".

JAMAICAN CANADIAN ASSOCIATION 2011 "WALK GOOD"

WALKATHON AD HOC COMMITTEE REPORT MAY 29, 2011

It has been a remarkable nine months for the JCA "Walk Good" Committee, who worked tirelessly to bring about the 29th Annual JCA Walkathon which took place May 1, 2011. The Walkathon started in 1982 as a JCA fundraiser. The idea to involve other community organizations was the brainchild of the "Walk Good" Chair — Sandra Whiting. Last year we had six Organizations and 12 Patrons who participated. The numbers increased significantly to thirteen Organizations and nineteen Patrons this year. The event has now evolved into a Community Fundraising initiative. This year approximately 300 walkers participated. Rain was forecasted for walk day, but we were not affected as it did not rain until after the walk. Like last year, activities included dance lessons, which was a hit with many participants.

Prizes were awarded to participants in several categories: Team, individual and organization collecting the most money; 5k and 10k 1st, 2nd 3rd place finisher (male and female); oldest and youngest walker; child walker (male and female) and best dancer. The JCA Women's Committee was again the team that collected the most money; Kamala-Jean Gopie was again the individual who collected the most money, and the Alliance of Jamaican Alumni Associations (Toronto) was the team who collected the most money. Congratulations to all prize winners. The event was a success. This success could not have been achieved without the efforts of the committed and devoted volunteer committee members. Special thank you to committee members; volunteers; JCA Board and Staff; Patrons; Sponsors (past and present); participants; participating organizations and all who contributed to the success of the event.

JCA will be celebrating its 50th Anniversary in 2012. The Walkathon Ad Hoc Committee is looking forward to a larger event for this occasion. We invite you to join us and participate either as a walker, sponsor, patron, volunteer, or recruit your family, friends and co-workers to form a Team and make next year a **Bigger and Better "Walk Good" Community Fundraising event.**

Please contact the JCA for further information.

Submitted on behalf of :

Sandra Whiting (Chair); Daphne Bailey; Audrey Campbell; Dr. Vincent Conville; Michael Foster; Kamala-Jean Gopie; Glen Gordon; Hermine Johnson; Bruce McDonald; Nadine McLean; Sheila Raymond: Janet Samms; Leon Sutherland; Barbara Thomas

JAMAICAN CANADIAN ASSOCIATION 2011 "WALK GOOD"

WALKATHON AD HOC COMMITTEE REPORT MAY 29, 2011

































HIP HOP/ R&B/SOUL

Mon. -Tues. 7-10 am Mon. 6-8 pm Tue. 6-8 pm Wed. 6-8 pm Thu. 10 pm -2 am Fri. 7-10 am Sun. 10 pm-12 am

AFRICAN

Tue. 10am -12pm Sat. 3pm -5pm Mon. 2am - 4am

REGGAE

Mon. 10-Noon Wed. 1-4 pm Thu. 7-10 am Thu. 3pm-5pm Fri. 10 am-Noon Sat. 10 am-1pm; 6-9 pm &; Midnight-3 am Sun. 6-9 pm

CREOLE

Thu. 6-8 pm

SPOKEN WORD

Mon. - Sat. 5-6 pm Mon. 4-5 pm Mon. 8-9 pm Tue. 12-3 pm Wed. 12-1 pm Wed. 4-5 pm Sun. Noon-2 pm; 9-10 pm

WORLD/CULTURAL

Tue. 8-9:30 pm Wed. 10-11 am; 8-10 pm Fri. 2 pm-4 pm; 8-9 pm Sun. 10 am-Noon Sat. Midnight-2am

JAZZ/BLUES

Mon. 9pm-11 pm; 11 pm-1 am Tue. 9:30-11 pm Fri. 9pm-Midnight

ELECTRONICA

Sun. Midnight-2 am Wed. 10 pm-Midnight

PUNK/SKA

Mon. 1pm - 3pm

METAL

Wed. Midnight - 2am

TECHNO/HOUSE

Wed. 8pm-9pm (alt) Wed. 10-12 pm

OPEN FORMAT/ROCK

Tue. 11 pm-4 am Wed. 8pm-9pm (alt) Thu. 8-10 pm Fri. 12 pm-2pm

INDO CARIBBEAN

Sun. 1pm-3pm

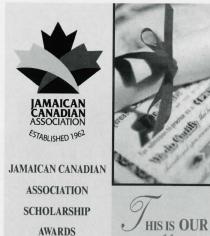
SOCA/CALYPSO

Thu. 5-7 am; 7-10 am Sat. 7-10 am; 9 pm-Midnight Sun. 3-6 pm

GOSPEL

Sat. 1-3pm

LOG ON TO WWW.CHRY.FM TO LISTEN LIVE OR TURN THE CHANNEL TO 945 ON THE ROGERS DIGITAL BOX. TO ADVERTISE CALL: 416-736-5145







- 2011 -





The Jamaican Canadian Association is a registered non-profit organization serving the African and Caribbean Communities.



FOR APPLICATION FORMS AND MORE INFORMATION ON **ELIGIBILITY AND SELECTION** CRITERIA PLEASE CONTACT THE JCA AT

> 995 ARROW ROAD TORONTO, M9M 2Z5

PHONE: 416-746-5772

OR VISIT THE JCA WEBSITE AT www.jcaontario.org



Completed applications must be submitted by July 22, 2011

TORONTO PUBLIC HEALTH SELECTED **2011 CRUMBINE AWARD WINNER**

(May 13, 2011 - Falls Church, Va.USA)

Toronto Public Health has been selected as the recipient of the 2011 Samuel J. Crumbine Consumer Protection Award for Excellence in Food Protection. For 56 years, the Crumbine Award, named for one of the most renowned public health sanitarians in the United States, has been presented to a local public health unit by a jury of leading environmental health officials and public health sanitarians and is the most prestigious recognition that a public health unit can receive. Crumbine winners serve as models for other public health and safety programs across the nation. For the first time in its history, the Crumbine Award has been bestowed upon a Canadian jurisdiction.

"We are honoured to be the recipient of this prestigious award for consumer protection," said Dr. David McKeown, Medical Officer of Health for the City of Toronto. "Public health organizations around the world have implemented similar restaurant inspection programs based on our model of transparency, and we are pleased that the program is being recognized as the gold standard in food safety. This award also represents the dedication of our inspection staff and the restaurant operators who work hard to protect the health of residents and visitors in Toronto."

Toronto Public Health will receive the Crumbine Award at the Annual Educational Conference of the National Environmental Health Association, June 18-20 in Columbus, Ohio. The winning 60 page application was submitted by Jamaican Canadian Association Vice President and Toronto Public Health Quality Assurance Manager Dr. Sylvanus Thompson. The Crumbine plaque will be accepted by Sylvanus on behalf of Toronto Public Health at the National Environmental Health Association Annual Educational Conference in Columbus Oh in June. A copy of Toronto's award-winning application may be found on the FPI website at www.fpi.org.

Dr. Sylvanus Thompson

VP Volunteer Services



Applicant

MEMBERSHIP APPLICATION

Date

DENHAM JOLLYDonates \$20,000 to JCA

Jamaican Canadian Association **Membership Application** ○ New Membership ○ Renewal Last Name First Name Address Province Postal Code Home Telephone Number Mobile Telephone Number Work Telephone Number Annual Membership Fees: (due April 1) ♦↑ ○\$10 Youth/Student ¶ ()\$25 Adult \$10 Seniors (2 adults + children under 16) Family, please provide names of family members. Occupation Referred to JCA by How did you find out about the Jamaican Canadian Association ○ Website ○ Newspaper ○ Friend ○ Relative Other Special Interests / Comments Jamaican Canadian Association is a member driven organization. We encourage all members to become active participants on our committees. Please indicate your COMMITTEE of interest: Membership Building Education Fundraising Public Relations Youth Women This information shall remain strictly confidential according to the privacy act and be used for internal purposes only by the Jamaican

I/we hereby agree to comply with and support the values and vision of the Jamaican Canadian Association as stated over.

The Jamaican Canadian Association (JCA) Board, Staff and membership would like to express their sincere gratitude to Mr. Denham Jolly, founder of Flow 93.5FM for his generous contribution of \$20,000. This significant contribution will be used to reduce the mortgage on the JCA building located at 995 Arrow Road. Denham Jolly made this announcement at the recent 1st Friday's media edition. 1st Friday's is a monthly networking forum for young professionals. JCA President, Audrey Campbell was able to confirm this significant contribution with Mr. Jolly following the 1st Friday's event. Miss Campbell also expressed her views on this donation, she indicates; "this donation will undoubtedly lower the principal and has perfect timing, as we are in the process of renewing the mortgage. The JCA family is most appreciative of the donation". The JCA is happy to publicly acknowledge the work of Mr. Jolly to support community service initiatives in Toronto and looks forward to the continued work that contributions such as this will facilitate.

MINISTER MALAHOO-FORTE

Looking back we can clearly say that Lovindeer foretold the future when he sang, "Woman ah go run dis country" because women have surpassed going to and are running the country. It has been a trend of female leaders in government, serving in various departments. As was evident when Minister Malahoo-Forte, Minister of Foreign Trade in the Ministry of Foreign Affairs visited the JCA Monday March 28th to meet and greet the wider Jamaican Canadian community. As she informed the gathering, that Toronto has the largest population of Jamaicans, at 75% in comparison to the other provinces. She encouraged the people to focus on the greater good of Jamaica and less on partisan politics. Minister Malahoo-Forte, a Mannings alumni and an Attorney by profession is quite the intellect with numerous accolades behind her name. But despite her stature, she was humble and warm. She was for the most part speechless, as she repeatedly said, "ah feel the love" and when people are in love they are lost for words. She was warmly received by the people and will undoubtedly be remembered for her subtle mannerism.

Yolan Williams

Public Relations Chair Jamaican Canadian Association



FROM DWAINE

May Goodness Spring Forth

For we pray, let the blessings from above sprinkle on us and bless everyone with goodness. The title of this article may suggest for us to bow our heads, give thanks and ask for God's holy blessings. Our Jamaican culture has mostly been one of prayers and blessings so this article give praise to the goodness that has always surrounds us in the month of May then and now.

The month of May in Toronto has been rather rain full. It seemed every day brought rain and more rain. Many people were so glad to shed the winter garments and head outside more whether to garden, exercise, play or work but the heavy showers dampened a lot of outdoor activities. For a group of Jamaicans that I know this did not hinder them coming out of their home to play soccer in the rain or placing a board on a garbage pan to play domino under an outdoor soccer field shelter huddling up like goats in the rain. There is the Jamaican saying that only goats are afraid of a little water touching them. But make no mistake about these Jamaicans and true to their culture to make good of any circumstance. This observation led my thoughts and memory to Jamaica.

Bring out the bottle torches, rain boots, wire rods, raincoats and crocus bags because the month of May is crab season in Jamaica. Take out the crab recipe book; chunku crab, curry crab, just crab!. Youths and adults alike bear the rain and night darkness to go crab hunting for sport or business. Moving on with the flashbacks, then there is the confrontation argument, "My boat is faster than yours. Nope, mine is." The side walk gutters of Jamaica nurtured some aspiring engineers and a naval captains as youths used anything from a leaf to a piece of stick as boats to engage each others in boat races on a rainy day. My thoughts cannot leave out the wise folks who prepared drums or barrels to catch the rainfall..."not every day is rainy day. A drought will come". There will be water for the gardening, for bathing and even cooking. Yes, some of these same folks would also lecture and tell you that their Sunday rice n peas cook better with rain water.

True to its forecasted history, May is the month of rain. This forecast did not dampen the many that showed up to walk, run or stroll in support of JCA annual walkathon that held on beginning of the rain month, the 1st of May. Only goodness came forth on that day. Now, at the end of May, JCA will have its AGM where the good progress of the organization will be shared and the thank you to exiting Board members and hello to new Board members will be performed...only goodness! Now quite fitting the beginning of the summer springs forth from the month of May and we can look forward to seeing lushes green around us and beautiful gardening and people making good use of socializing...only goodness. Thanks for the goodness that spring forth in May. Amen!

Dwaine Osbowne
Youth Chair





DUDLEY LAWS FAREWELL













JCA UPCOMING EVENTS

JCA FLAG RAISING SUNDAY JULY 31

INDEPENDENCE GALA SATURDAY AUGUST 6

11TH ANNUAL CHARITY GOLF CLASSIC SATURDAY AUGUST 13

QUARTERLY MEMBERSHIP MEETINGSUNDAY AUGUST 28

ANNUAL SCHOLARSHIP AWARDS DINNER SATURDAY SEPTEMBER 17

ANNUAL SENIORS BRUNCH SUNDAY SEPTEMBER 25





Trecia Lamey & Siobhan Bent PR Members

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